



Simple Cushion



Approx. finished size: 18" square
By Valerie Nesbitt

Fabrics requirements:

- 3 Fat Quarters for the front
- 2 fat quarters for the back (or use rest of fabric from the front)
- 1 piece of wadding approx. 20" square
- 1 piece of calico approx. 20" square

For front of cushion:

Cut centre fabric 5"

1st round – cut 1.5" wide strip

2nd round – cut 2.5" wide strips

3rd round – cut 1.5" wide strips

4th round - cut 3" wide strips

5th round /outside/final - cut 2" wide strips

Workshop Notes

Using the photo as a guide add round 1 strips to the top and bottom of the centre square, press seams away from the centre then add strips of same fabric to the sides and press seams away from the centre.

Repeat with rest of the rounds until your cushion front is finished. Layer onto wadding and calico and secure with pins or basting stitches. Quilt as desired – we quilted the sample ‘in the ditch’.

Adding backing – to make the back of the cushion, measure the front and cut both pieces to the size of the cushion by 2/3rds of this size – so for the 18” cushion you will need to cut then 12” by 18”

Press a ¼” seam on one of the longer sides on each piece then turn again and press a second seam. Sew this seam – this makes the opening secure.

Place the 2 pieces right sides on the front of the cushion, overlapping the sides with the seams in the middle and the raw edges aligned with the edges of the cushion front. Sew around the entire cushion, taking care where the backings overlap. Snip off the corners to reduce the bulk once turned through then turn the cushion through the opening and ensure the corners are fully turned through. Press the cushion cover.

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